

# YARMOUTH QUICK START GUIDE: PART 2



*Recreation*

## WALKING & HIKING TRAILS

### Yarmouth Waterfront and Road to Bunker Island

Distance: 5 km | Time: 55 minutes (one-way).  
Optional: Add on a stroll through Bunker Island

### Yarmouth Rail Trail

87 km trail from Shelburne County to Digby County.  
Shared-use.

### Pubnico Point & Ledge Trail

Distance: 4.7 km | Time: 54 minutes (loop).

### Other Trails

Stan O'Brien Interpretive Trail, Piau's Walk, Le p'tit bois, Wedgeport Nature Trail, Broad Brook Wetland Park, Tkipok Trail, & more

For more information, visit

<https://yarmouthrecreation.ca/facilities/trails-and-walking/>

## GYMS & FITNESS CLASSES

### Mariners on Main ✓

275 Main Street

Fitness centre, drop-in fitness classes (\$15.75 for adults/\$6.50 for students & 1 free class each Saturday), swimming pool (\$6.50 for adults/\$5.25 for students), activities & camps for kids  
Visit [www.marinerscentre.com](http://www.marinerscentre.com) for schedules

\*Ask us about one free day pass!!\*

### Jade Therapies ✓

605 Main Street

Yoga classes, mindfulness, massage therapy

### Strong Tides Crossfit

44 Starrs Road

### SuperNova Power Yoga

350 Main Street

Drop-in classes \$15/\$10 for students

### Defining Bodies | Jones Gym

103 Water Street | 345 Main Street

Offices open by appointment

Have a question about the  
Yarmouth Region?  
Our Community Navigator  
is here for YOU!

902-307-3066  
[hello@yarmouthdoctors.ca](mailto:hello@yarmouthdoctors.ca)

Check out  
[Yarmouth  
Recreation](#)

## BEACHES & LAKES



### John's Cove Beach

1839 NS-304

Minutes from Cape Forchu Lighthouse, this beach is a popular spot to swim, relax, & enjoy the white sand and sunsets.

### Lake Milo

700 Main Street

Supervised freshwater beach for swimming, canoe & kayak rentals

### Mavillette Beach Provincial Park

295-395 John Doucette Road, Mavillette

1.5 km long sandy beach backed by fragile grass-covered dunes protected by boardwalks

\*Want to learn to surf? Contact Laura from the [Good Wave Project](https://thegoodwaveproject.com) ([info@thegoodwaveproject.com](mailto:info@thegoodwaveproject.com))

### Port Maitland Beach Provincial Park

3297 Main Shore Road

1.0 km long sand-and-cobble beach, backed by a grassy picnic area & dunes

### Ellenwood Lake Provincial Park

1888 Mood Road

Day use (swim, picnic, hike, fish, paddle, snowshoeing) & front country camping

### Other Beaches to Explore

Pembroke Beach, Sunday Point Beach, Pinkney's Point Beach

## SHOPPING

### Every Bloomin' Thing

361 Main Street

### Hubert & Belle's

3212 Nova Scotia Trunk 1, Port Maitland

### The Lumberjack's Daughter

257 Main Street

Say "hi" to store "manager" kitty Michonne

### The Style Merchant

46 Hawthorne Street

### Yarmouth Mall

76 Starrs Road

### Yarmouth Waterfront Gallery

338 Main Street

## OTHER RECREATION

### Cape Forchu Lighthouse

1856 NS-304

### Mariners Centre

45 Jody Shelley Drive

Public skating, hockey, Yarmouth Mariners games

### Yarmouth Golf & Country Club

28 Forbes Street

18 hole golf course with a links-style layout, curling club, Galley South Restaurant

### Yarmouth Farmers' Market

15 Hawthorne Street

Saturday 9:00AM-1:00PM

### Th'YARC Theatre Playhouse

76 Parade Street

Visit <https://yarcplayhouse.com/> to see upcoming shows

### GOAT Games - Arcade

351 Main Street, Yarmouth

Old-school arcade games, virtual reality, candy, snacks, great for a rainy day!

### Deep Sky Eye Observatory

338 Frotten Road, Tusket

Learn to navigate the night sky at this observatory located in North America's first certified Starlight Tourist Destination

### Tusket Island Tours

42 Jacquard Road, Wedgeport

Call/text Simon at 902-740-3590 for pricing & to book

### Deep Sea Fishing

Dennis Point Wharf, Lower West Pubnico

Text/call Calvin at 902-740-0565 for pricing & to book

### Cineplex

136 Starrs Road

### Sand Pit - Indoor Golf Simulator

351 Main Street

## HISTORY

### Musée des Acadiens des Pubnicos

898 NS-335, West Pubnico

### Le Village Historique Acadien de la Nouvelle-Écosse

91 Old Church Road, Lower West Pubnico

Step back in time to discover how the Acadians lived in the early 1900s. Immerse yourself into the thriving Acadian culture.

### Black Loyalist Heritage Centre

119 Old Birchtown Road, Shelburne

### Yarmouth County Museum

22 Collins Street

### Yarmouth Firefighters' Museum

451 Main Street